

BEHAVIORAL HEALTH Holiday Closure Resources

Behavioral Health (except RTC) will be closed:
Dec. 23, 2024 – Jan. 3, 2025, reopening on Jan. 6, 2025 at 8 a.m.

Behavioral Health Crisis On-Call

On-call will be available by calling (989) 775-4850 and following the prompts to reach the on-call, or Tribal Dispatch can also reach the BH on call worker in case of phone outage or other technical issue.

Feather Teaching with Joseph Sowmick at the BH Teaching Lodge:

- **Christmas Day:** Dec. 25 at 1:30 p.m.
- **New Years Day:** Jan. 1 at 1:30 p.m.

Sober New Years Eve Dance Party at the Mt. Pleasant Alano Club:

- **New Years Eve:** Dec. 31 at 8 p.m.

Support Groups at BH will continue with their normal schedule over the Holiday Closure:

- **Drop-in Group:** Mondays at 1 p.m. (12/23 and 12/30)
- **Peer 360 Recovery on the Rez:** Thursdays at 6 p.m. (12/26 and 1/2/2025)

Virtual Peer 360 Meetings include:

- **Peer 360 Recovery on the Rez virtual group:** Tuesdays at 2 p.m.

Meeting ID: 829 1218 8791 Password: 123456

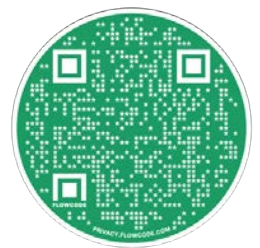
- **Peer 360 offers DAILY virtual groups four times per day**

- 9 a.m. Meeting ID: 856 4133 4708 Password: 123456
- 12 p.m. Meeting ID: 842 3325 5388 Password: 123456
- 6 p.m. Meeting ID: 842 3325 5388 Password: 123456
- 9 p.m. Meeting ID: 856 4133 4708 Password: 123456

More information on Peer 360, including events and links to the virtual meetings can be found at www.peer360recovery.org or by scanning the red QR code to the right.



Scan to visit the
BH website



Additional non-BH Resources/Crisis Lines:

- **Peer 360 Recovery Alliance:** Text "ZOOM MEETINGS" to (989) 245-5324 for a list of direct links to all Peer 360's Zoom meetings.
- **Virtual Recovery Groups:** Through www.intherooms.com has several virtual recovery groups including White Bison Wellbriety Groups.
- **Listening Ear Crisis:** 1.989.772.2918
- **Crisis Text Line:** Text "HOME" to 741741 to connect with a Crisis Counselor
- **Strong Hearts Native Helpline:** 1.844.762.8483
- **National Suicide Prevention Lifeline:** 1.800.273.8255
- **National Teen Dating Abuse Hotline:** 1.866.331.9474
- **National Human Trafficking Hotline:** 1.888.373.7888
- **National Domestic Violence Hotline:** 1.800.799.7233



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

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